Menu

The spice of the season? Silence.

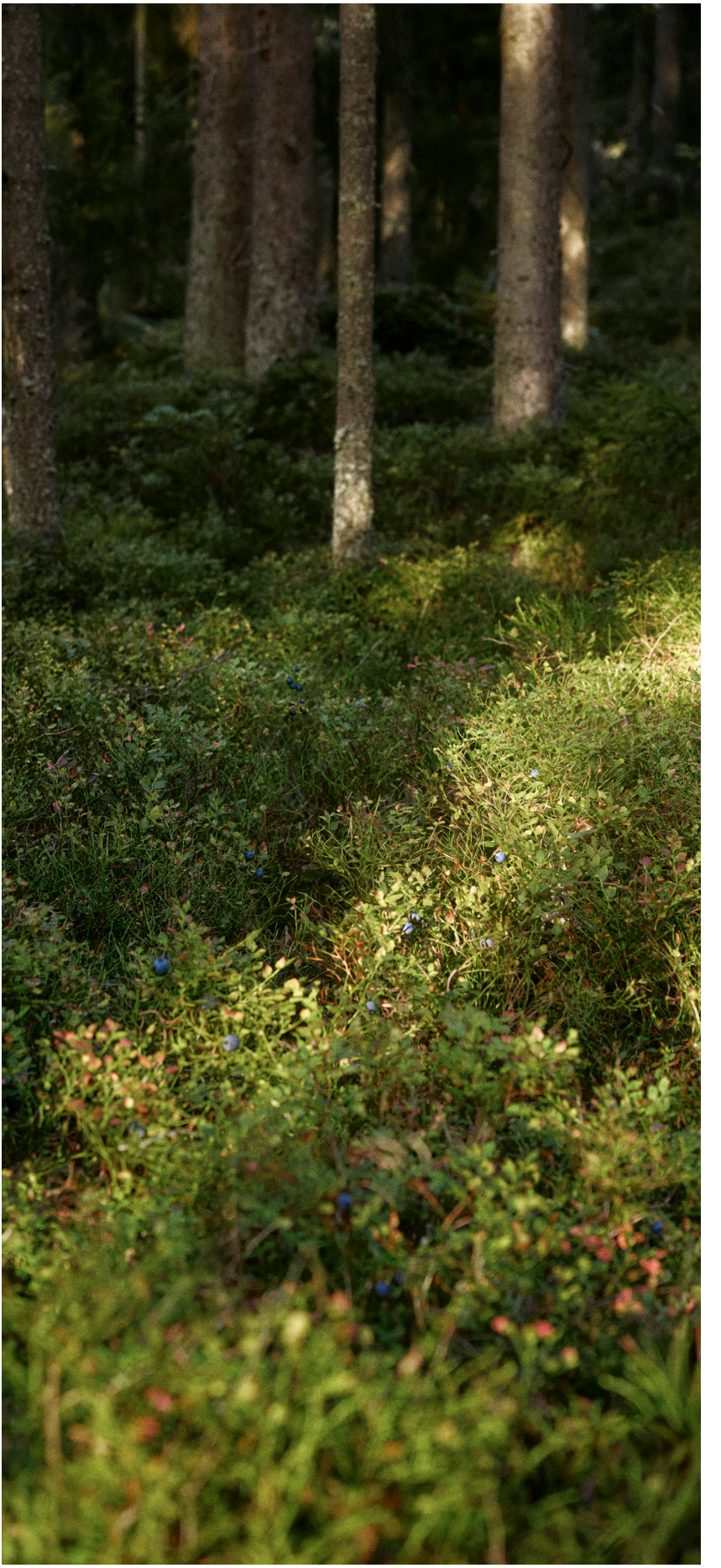
Business Class – Autumn & Winter

The quiet season has landed

As the days feel short up north, we Finns turn towards simple, unhurried pleasures.

We give ourselves permission to log out, get cosy with candles and woolly socks and enjoy the silent forests, fields and fells. Gather around the table with our nearest and dearest. Just keep it nice and quiet.

That same mentality guides this menu, crafted with care. Take your time to enjoy it. There's no better side dish than slowing down.



After take-off

To start with

Two dishes, no need to choose

Duck breast with tiger leaf salad and crispy mushrooms

Ankanrintaa, vihersalaattia ja rapeita sieniä

鴨胸，配虎葉沙律和脆蘑菇

Prawns with tomato salsa, cucumber and parsley

Katkarapuja, tomaattisalsaa, kurkkua ja persiljaa

大蝦，配番茄莎莎、青瓜和番茜

The main course

Pick your favourite

Braised beef with mashed potatoes, carrots, asparagus and red wine sauce

Haudutettua naudanlihaa, perunamuusia, porkkanaa, parsaa ja punaviinikastiketta

燉牛肉，配薯蓉、紅蘿蔔、露筍和紅酒汁

Steamed sole with ginger, fried rice, black fungus, vegetables and sweet soy sauce

Höyrytettyä kielikampelaa, inkivääriä, paistettua riisiä, mustakorvasieniä ja kasviksia makeassa soijakastikkeessa

蒸龍脷，配薑、炒飯、黑木耳、蔬菜和甜豉油

Rigatoni pasta with creamy tomato cheese sauce, wild mushrooms and broccoli

Rigatonipastaa kermaisessa tomaatti-juustokastikkeessa, metsäsieniä ja parsakaalia

粗管通心粉，配番茄芝士忌廉醬、野菌和西蘭花

And finally – dessert

There's always room for some

Selection of cheeses: Camembert and red cheddar with mango chutney

Valikoima juustoja: camembert ja punainen cheddar sekä mangochutney

各款精選芝士: 卡芒貝爾芝士和紅車打芝士, 配芒果酸辣醬

Choose one sweet treat:

Carrot and cinnamon cake with vanilla sauce

Porkkana-kanelikakkua ja vaniljakastiketta

紅蘿蔔肉桂蛋糕, 配雲呢拿醬

Mango panna cotta

Mangopannacottaa

芒果意大利奶凍

Before we land

Breakfast

Fuel for the final stretch

Scrambled eggs with veal sausage, baked beans and roasted potatoes, cold cuts, yoghurt and fresh fruit

Munakokkelia, vasikanmakkaraa, papuja ja paahdettuja perunoita, leikkeleitä, jogurttia sekä tuoreita hedelmiä

炒蛋, 配小牛腸、焗豆和烤薯仔、凍肉、乳酪和鮮果

Want a snack between meals? Our cabin crew will be happy to help – snacks and drinks are available throughout the flight.

Allergen information is only available on flights departing from EU countries.

Please accept our apologies if your choice is not available.

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