

**Menu**

**Eat well.**

**Slow down.**

**Business Class – Summer 2026**

## In Finland, food is enjoyed in a seasonal, simple way.

Finnish food habits are simple: eat well, don't rush, and leave space in between. The best meals are often the ones that feel unforced and even unplanned.

As you arrive in Finland, we invite you into a calm way of doing things. Meals are unhurried, flavours are clear, and simplicity comes with care.



After take-off

## To start with

Two dishes, no need to choose

### Roasted beef tartare with mushrooms and dill

Paahdettua härkätartaria, sieniä ja tilliä

ローストビーフのタルタル マッシュルームとディル添え

### Cod and potato brandade flan in veal jus, truffle cream, Comté cheese and croutons

Turska-perunabrandadeflan vasikanliemessä, tryffelikreemiä, Comté-juustoa ja krutonkeja

鱈とポテトのブランドードフラン フォンドボーとトリュフクリーム  
コンテチーズ クルトン

## The main course

Pick your favourite

### Japanese-style pork, ponzu-glazed daikon and green onion, mushrooms, fried tofu, steamed rice and vegetables

Japanilaistyylistä possua, ponzulla maustettua retikkaa ja kevätsipulia, sieniä, paistettua tofua, höyrytettyä riisiä sekä kasviksia

黒豚の玉ねぎおろしポン酢 きのこと 揚げ豆腐 ご飯と野菜

### Grilled salmon, almond butter, red wine herb sauce, potatoes and vegetables

Grillattua lohta, mantelivoita ja punaviini-yrttikastiketta, perunoita sekä kasviksia

サーモンのアーモンドクルート焼 赤ワインハーブソース ポテトと野菜

### Soybean bites and taro bun, simmered root vegetables, steamed rice and sesame seasoning

Soijapaloja ja tarosämpylä, haudutettuja juureksia, höyrytettyä riisiä ja seesamia

大豆団子と里芋饅頭の根菜煮 ご飯 ごま風味

# And finally – dessert

Hope you still have room

## Selection of cheese: Cheddar and Gorgonzola

Valikoima juustoja: cheddar ja gorgonzola

チーズ盛り合わせ: チェダーとゴルゴンゾーラ いちじくジャム

Choose one:

## Chocolate mousse with raspberry sauce

Suklaamoussea ja vadelmakastiketta

チョコレートムース ラズベリーソース

## Basque cheesecake and orange sauce

Baskimaan juustokakkua ja appelsiinikastiketta

バスクチーズケーキ オレンジソース

## Before we land

# Breakfast

Fuel for the final stretch

## Vegetable frittata with roasted tomatoes, broccoli and bell pepper

Kasvisuunimunakas, paistettuja tomaatteja, parsakaalia ja paprikaa

野菜のフリッタータ ローストトマト ブロッコリー パプリカ

## Fresh fruit and yoghurt

Tuoreita hedelmiä ja jogurttia

フルーツとヨーグルト

## Cold cuts

Leikkeleitä

ハムとチーズ

**Want a snack between meals?** Our cabin crew will be happy to help – snacks and drinks are available throughout the flight.

**Allergies?** Our cabin crew can help you with any questions about allergens. Please note that the products served on board may also contain traces of allergens other than mentioned. Allergen information available only on flights departing from EU-countries.

Please accept our apologies if your choice is not available.



**FINNAIR**

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