

Menu

Eat well.

Slow down.

Business Class – Summer 2026

In Finland, food is enjoyed in a seasonal, simple way.

Finnish food habits are simple: eat well, don't rush, and leave space in between. The best meals are often the ones that feel unforced and even unplanned.

As you arrive in Finland, we invite you into a calm way of doing things. Meals are unhurried, flavours are clear, and simplicity comes with care.



After take-off

To start with

Two dishes, no need to choose

Coconut curry chicken, pickled vegetables, salad, lemon vinaigrette and sesame seeds

Kookos-currykanaa, pikkelöityjä kasviksia, salaattia, sitruunavinaigretta ja seesaminsiemeniä

Kyckling i kokoscurry, picklade grönsaker, sallad, citronvinägrett och sesamfrön

Smoked salmon, pickled cucumber, lemon yogurt and herbs

Savustettua lohta, pikkelöityä kurkkua, sitruunajogurttia ja yrttejä

Rökt lax, picklad gurka, citroneyoghurt och örter

The main course

Pick your favourite

Braised lamb shank, saffron risotto, broccolini, cherry tomatoes and herb gremolata

Haudutettua karitsanpotkaa, safranrisottoa, varsiparsakaalia, kirsikkatomaatteja ja yrttigremolataa

Bräserad lammlägg, saffransrisotto, broccolini, körsbärstomater och örtgremolata

Red snapper with ginger and spring onion sauce, rice, vegetables and goji berries

Punanapsijaa, inkivääri-kevätsipulikastiketta, riisiä, kasviksia ja gojimarjoja

Röd snapper med ingefärs- och salladslöksås, ris, grönsaker och gojibär

Mushroom ravioli with truffle sauce, mushroom ragout, zucchini and Parmesan cheese

Sieniravioleja, tryffelkastiketta, sieniragùta, kesäkurpitsaa ja parmesaanijuustoa

Svampravioli med tryffelsås, svampragu, zucchini och parmesanost

And finally – dessert

Hope you still have room

Selection of cheese: Gambozola and Cheddar

Valikoima juustoja: cambozola ja cheddar

Urval av ostar: Cambozola och cheddar

Choose one:

Vanilla, mango and ginger cake with raspberries

Vanilja-mango-inkiväärikakkua ja vadelmia

Vanilj-, mango- och ingefärskaka med hallon

Hazelnut and chocolate dacquoise cake

Hasselpähkinä-suklaa dacquoise-kakkua

Hasselnöts- och chokladdacquoise-tårtat

Before we land

Breakfast

Fuel for the final stretch

Ham and cheese quiche, chicken sausage, roasted tomato and asparagus

Kinkku-juustopiirasta, kanamakkaraa, paahdettua tomaattia ja parsaa

Quiche med skinka och ost, kycklingkorv, rostad tomat och sparris

Fresh fruit and yoghurt

Tuoreita hedelmiä ja jogurttia

Färsk frukt och yoghurt

Cold cuts

Leikkeleitä

Kallskuret

Want a snack between meals? Our cabin crew will be happy to help – snacks and drinks are available throughout the flight.

Allergies? Our cabin crew can help you with any questions about allergens. Please note that the products served on board may also contain traces of allergens other than mentioned. Allergen information available only on flights departing from EU-countries.

Please accept our apologies if your choice is not available.



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