

**Menu**

**Eat well.**

**Slow down.**

**Business Class – Summer 2026**

## In Finland, food is enjoyed in a seasonal, simple way.

Finnish food habits are simple: eat well, don't rush, and leave space in between. The best meals are often the ones that feel unforced and even unplanned.

As you arrive in Finland, we invite you into a calm way of doing things. Meals are unhurried, flavours are clear, and simplicity comes with care.



After take-off

## To start with

Two dishes, no need to choose

**Coconut curry chicken, pickled vegetables, salad, lemon vinaigrette and sesame seeds**

Kookos-currykanaa, pikkelöityjä kasviksia, salaattia, sitruunavinaigretta ja seesaminsiemeniä

Kyckling i kokoscurry, picklade grönsaker, sallad, citronvinägrett och sesamfrön

**Smoked salmon, pickled cucumber, lemon yogurt and herbs**

Savustettua lohta, pikkelöityä kurkkua, sitruunajogurttia ja yrttejä

Rökt lax, picklad gurka, citroneyoghurt och örter

## The main course

Pick your favourite

**Braised lamb shank, saffron risotto, broccolini, cherry tomatoes and herb gremolata**

Haudutettua karitsanpotkaa, safranrisottoa, varsiparsakaalia, kirsikkatomaatteja ja yrttigremolataa

Bräserad lammlägg, saffransrisotto, broccolini, körsbärstomater och örtgremolata

**Red snapper with ginger and spring onion sauce, rice, vegetables and goji berries**

Punanapsijaa, inkivääri-kevätsipulikastiketta, riisiä, kasviksia ja gojimarjoja

Röd snapper med ingefärs- och salladslöksås, ris, grönsaker och gojibär

**Mushroom ravioli with truffle sauce, mushroom ragout, zucchini and Parmesan cheese**

Sieniravioleja, tryffelkastiketta, sieniragùta, kesäkurpitsaa ja parmesaanijuustoa

Svampravioli med tryffelsås, svampragu, zucchini och parmesanost

# And finally – dessert

Hope you still have room

## **Selection of cheese: Gambozola and Cheddar**

Valikoima juustoja: cambozola ja cheddar

Urval av ostar: Cambozola och cheddar

Choose one:

## **Raspberry chocolate mousse cake**

Vadelma-suklaamoussekakkua

Hallon-chokladmoussetårta

## **Cream puff with mango compote**

Tuulihattu ja mangohilloketta

Petit choux med mangokompott

## **Before we land**

# Breakfast

Fuel for the final stretch

## **Ham and cheese quiche, chicken sausage, roasted tomato and asparagus**

Kinkku-juustopiirasta, kanamakkaraa, paahdettua tomaattia ja parsaa

Quiche med skinka och ost, kycklingkorv, rostad tomat och sparris

## **Fresh fruit and yoghurt**

Tuoreita hedelmiä ja jogurttia

Färsk frukt och yoghurt

## **Cold cuts**

Leikkeleitä

Kallskuret

**Want a snack between meals?** Our cabin crew will be happy to help – snacks and drinks are available throughout the flight.

**Allergies?** Our cabin crew can help you with any questions about allergens. Please note that the products served on board may also contain traces of allergens other than mentioned. Allergen information available only on flights departing from EU-countries.

Please accept our apologies if your choice is not available.



***FINNAIR***

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