

**Menu**

**Eat well.**

**Slow down.**

**Business Class – Summer 2026**

## In Finland, food is enjoyed in a seasonal, simple way.

Finnish food habits are simple: eat well, don't rush, and leave space in between. The best meals are often the ones that feel unforced and even unplanned.

As you arrive in Finland, we invite you into a calm way of doing things. Meals are unhurried, flavours are clear, and simplicity comes with care.



After take-off

## To start with

Two dishes, no need to choose

**Prawns and scallops, XO sauce, jade sprouts and peppers**

Katkarapuja ja kampasimpukkaa, XO-kastiketta, ituja ja paprikaa

大蝦及帶子配 XO 醬、翡翠苗及燈籠椒

**Roast beef, asparagus, truffle mayonnaise, Parmesan cheese and chervil**

Paahdettua härkää, parsaa, tryffelimajoneesia, parmesaanijuustoa ja kirveliä

烤牛肉、蘆筍、松露蛋黃醬、巴馬臣芝士及香葉芹

## The main course

Pick your favourite

**Braised pork belly, Dijon mustard sauce, fried rice and vegetables**

Haudutettua porsaan kylkeä, dijon-sinappikastiketta, paistettua riisiä ja kasviksia

燉五花腩配第戎芥末醬、炒飯及蔬菜

**Baked sole, spiced coconut cream sauce, potato gratin and vegetables**

Paistettua merianturaa, mausteista kookoskermakastiketta, perunagratiinia ja kasviksia

烤龍脷柳配香料椰奶醬、薯仔千層批及蔬菜

**Casarecce pasta, pumpkin cream sauce, grilled pumpkin, asparagus and Parmesan cheese**

Casarecepastaa kurpitsakermakastikkeella, grillattua kurpitsaa, parsaa ja parmesaanijuustoa

凱薩雷斯意粉配南瓜忌廉醬、烤南瓜、蘆筍及巴馬臣芝士

# And finally – dessert

Hope you still have room

**Selection of cheese: Camembert and Edam**

Valikoima juustoja: camembert ja edam

各款精選芝士: 金文畢芝士及紅波芝士

Choose one:

**Strawberry and coconut mousse cake**

Mansikka-kookosmoussekakkua

士多啤梨椰子慕絲蛋糕

**Earl Grey panna cotta with chopped pistachio**

Earl Grey -pannacottaa ja hienonnettua pistaasia

伯爵茶意式奶凍配開心果碎

Before we land

## Breakfast

Fuel for the final stretch

**Mushroom frittata, bacon, sautéed potatoes, asparagus and semi-dried tomatoes**

Sienifrittataa, pekonia, paistettuja perunoita, parsaa ja puolikuivattuja tomaatteja

蘑菇奄列、煙肉、炒薯仔、蘆筍及半乾番茄

**Yoghurt and fresh fruit**

Jogurttia ja tuoreita hedelmiä

乳酪和鮮果

**Cold cuts**

Leikkeleitä

冷盤

**Want a snack between meals?** Our cabin crew will be happy to help – snacks and drinks are available throughout the flight.

**Allergies?** Our cabin crew can help you with any questions about allergens. Please note that the products served on board may also contain traces of allergens other than mentioned. Allergen information available only on flights departing from EU-countries.

Please accept our apologies if your choice is not available.



**FINNAIR**

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