

Menu

Eat well.

Slow down.

Business Class – Summer 2026

In Finland, food is enjoyed in a seasonal, simple way.

Finnish food habits are simple: eat well, don't rush, and leave space in between. The best meals are often the ones that feel unforced and even unplanned.

As you arrive in Finland, we invite you into a calm way of doing things. Meals are unhurried, flavours are clear, and simplicity comes with care.



After take-off

To start with

Two dishes, no need to choose

Watermelon and peach, feta cheese, balsamic glaze and herbs

Vesimelonia ja persikkaa, fetajuustoa, balsamicokastiketta ja yrttejä

Vattenmelon och persika, fetaost, balsamicoglaze och örter

Smoked trout, pickled apple, Aleppo pepper aioli and roasted pumpkin seeds

Savustettua taimenta, pikkelöityä omenaa, Aleppo-pippurilla maustettua aiolia ja paahdettuja kurpitsansiemeniä

Rökt öring, picklat äpple, aioli med Aleppopeppar och rostade pumpafrön

The main course

Pick your favourite

Braised beef short rib, potatoes, asparagus and charred carrots

Haudutettua härän ribsia, perunoita, parsaa ja paahdettuja porkkanoita

Bräserad oxribs, potatis, sparris och rostade morötter

Seared salmon, cheese filled gnocchi, romesco sauce, rosemary breadcrumbs and leeks

Paistettua lohta, juustolla täytettyjä gnoccheja, romescokastiketta, rosmariini leivänmuruja ja purjoa

Stekt lax, ostfyllda gnocchi, romescosås, rosmarinbrödsbulor och purjolök

Spinach and ricotta ravioli, tomato basil cream sauce and Parmesan cheese

Pinaatti-ricottaravioleja, tomaatti-basilikakermakastiketta ja parmesaanijuustoa

Ravioli med spenat och ricotta, tomat- och basilikagräddsås samt parmesana

And finally – dessert

Hope you still have room

Selection of cheese: Gorgonzola and Gruyere

Valikoima juustoja: gorgonzola ja gruyere

Urval av ostar: gorgonzola och gruyère

Choose one:

Piña colada mousse, pineapple and coconut compote

Piña colada -mousse, ananas-kookoshilloketta

Piña colada-mousse, ananas- och kokoskompott

Chocolate ganache cake with berries

Suklaaganache-kakkua ja marjoja

Chokladganachekaka med bär

Before we land

Breakfast

Fuel for the final stretch

Scrambled eggs with tomatoes and onions, hash brown, chicken sausage and cherry tomatoes

Munakokkeliä tomaatilla ja sipulilla, röstiperunaa, kanamakkaraa ja kirsikkatomaattia

Äggröra med tomat och lök, råraka, kycklingkorv och körsbärstomater

Fresh fruit and yoghurt

Tuoreita hedelmiä ja jogurttia

Färsk frukt och yoghurt

Cold cuts

Leikkeleitä

Kallskuret

Want a snack between meals? Our cabin crew will be happy to help – snacks and drinks are available throughout the flight.

Allergies? Our cabin crew can help you with any questions about allergens. Please note that the products served on board may also contain traces of allergens other than mentioned. Allergen information available only on flights departing from EU-countries.

Please accept our apologies if your choice is not available.



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