

**Menu**

**Eat well.**

**Slow down.**

**Business Class – Summer 2026**

## In Finland, food is enjoyed in a seasonal, simple way.

Finnish food habits are simple: eat well, don't rush, and leave space in between. The best meals are often the ones that feel unforced and even unplanned.

As you arrive in Finland, we invite you into a calm way of doing things. Meals are unhurried, flavours are clear, and simplicity comes with care.



After take-off

## To start with

Two dishes, no need to choose

**Korean pork bulgogi, spicy noodles,  
cucumber and pear**

Korealaistyylistä porsaan bulgogia,  
mausteisia nuudeleita, kurkkua ja päärynää

한국식 돼지고기 불고기, 매콤한 국수, 오이, 배

**Grilled scallop, edamame sprout salad,  
sesame sour cream, pickled fennel and seaweed**

Grillattua kampsimpukkaa, edamameversosalaattia,  
seesami-smetanaa, pikkelöityä fenkolia ja merilevää

가리비 구이, 풋콩나물 샐러드, 참깨 사워크림, 회향 피클, 미역

## The main course

Pick your favourite

**Braised beef in bulgogi sauce, root vegetables,  
mushrooms, ginkgo nuts and rice**

Haudutettua härkää bulgogikastikkeessa, juureksia,  
sieniä, neidonhiuspuun siemeniä ja riisiä

불고기 소스로 졸인 소고기, 뿌리 채소, 버섯, 은행, 쌀밥

**Herb-crusted chicken breast, mushroom sauce,  
green beans, zucchini, cherry tomatoes  
and potatoes**

Yrttikuoerutettua kananrintaa, sienikastiketta, vihreitä  
papuja, kesäkurpitsaa, kirsikkatomaatteja ja perunoita

허브 크러스트 닭가슴살, 버섯 소스, 풋콩, 애호박, 방울토마토, 감자

**Rigatoni pasta, tomato and basil sauce,  
mushroom and lentil bolognese, zucchini,  
cherry tomatoes and Parmesan cheese**

Rigatonipastaa tomaatti-basilikakastikkeella,  
sieni-linssibolognesea, kesäkurpitsaa,  
kirsikkatomaatteja ja parmesaanijuustoa

리가토니 파스타, 토마토, 바질 소스와 버섯,  
렌틸콩 볼로네즈, 애호박, 방울토마토, 파마산 치즈

# And finally – dessert

Hope you still have room

## Selection of cheese: Gouda and Brie

Valikoima juustoja: gouda ja brie

특선 치즈: 고다 및 브리

Choose 1 of 2 options:

### Chocolate mousse cake, almond crumble and raspberry compote

Suklaamoussekakkua, mantelimurua  
ja vadelmahilloketta

초콜릿 무스 케이크, 아몬드 크럼블, 라즈베리 콩포트

### Cherry mousse tart with cranberry compote

Kirsikkamoussetartalettia ja karpalohilloketta

크랜베리 콩포트를 곁들인 체리 무스 타르트

## Before we land

# Breakfast

Fuel for the final stretch

### Scrambled eggs with tomatoes, bacon, potato pancake, kale and cheddar cheese

Tomaattista munakokkeliä, pekonia, peruna-  
pannukakkua, lehtikaalia ja cheddarjuustoa

토마토, 베이컨, 감자 팬케이크, 케일, 체다 치즈를 곁들인 스크램블 에그

### Yoghurt and fresh fruit

Jogurttia ja tuoreita hedelmiä

요거트와 신선한 과일

### Cold cuts

Leikkeleitä

콜드 컷

**Want a snack between meals?** Our cabin crew will be happy to help – snacks and drinks are available throughout the flight.

**Allergies?** Our cabin crew can help you with any questions about allergens. Please note that the products served on board may also contain traces of allergens other than mentioned. Allergen information available only on flights departing from EU-countries.

Please accept our apologies if your choice is not available.



**FINNAIR**

AY Menu ICN-HEL AY-66300425 v.0526