

Menu

Eat well.

Slow down.

Business Class – Summer 2026

In Finland, food is enjoyed in a seasonal, simple way.

Finnish food habits are simple: eat well, don't rush, and leave space in between. The best meals are often the ones that feel unforced and even unplanned.

As you arrive in Finland, we invite you into a calm way of doing things. Meals are unhurried, flavours are clear, and simplicity comes with care.



After take-off

To start with

Choose 1 of 2 options

Spring omelette served with cherry tomato ragout, chicken sausage, mushrooms and peppers, cold cuts, yoghurt and fresh fruit

Munakasta, tomaattiragúa, kanamakkaraa, sieniä ja paprikaa, leikkeleitä, jogurttia ja tuoreita hedelmiä

सप्रुगि आमलेट के साथ चेरी टमाटर रागु , चकिन सॉसेज , मुशरूमस और पेप्पेर्स , दही और ताज़े फल

Indian style upma served with flat spinach pancake and onion fritter soaked in lentil stew, cold cuts, yoghurt and fresh fruit

Intialainen upma tomaattien kera, pinaattipannukakuja, oppopaistettu sipulifritteri ja linssimuhennosta, leikkeleitä, jogurttia ja tuoreita hedelmiä

उपमा के साथ पालक उत्तपम , सांबर वडा , कोल्ड कट्स, दही और ताज़े फल

Before landing

Appetizers

Two dishes, no need to choose

Lentil fritters with yoghurt and passion fruit sauce

Linssipyöryköitä jogurtilla ja passionhedelmäkastikkeella

दही वडा के साथ पैशन फ्रूट चटनी

Smoked chicken served with cranberry compote

Savustettua kanaa ja karpalohilloketta

स्मोक्ड चकिन के साथ बेर कम्पोट

Want a snack between meals? Our cabin crew will be happy to help – snacks and drinks are available throughout the flight.

Allergies? Our cabin crew can help you with any questions about allergens. Please note that the products served on board may also contain traces of allergens other than mentioned. Allergen information available only on flights departing from EU-countries.

Please accept our apologies if your choice is not available.

The main course

Pick your favourite

Chicken in rich tomato gravy served with cumin rice and creamy black lentils

Kanaa kermaisessa tomaattikastikkeessa, kuminalla maustettua riisiä ja kermaista linssimuhennosta

मुरग टमाटरी के साथ ज़ीरा चावल और दाल मखनी

Pan seared salmon in Tepenade sauce served with roasted pumpkin, broccoli and red peppers

Paistettua lohta Tepenada-kastikkeessa, paahdettua kurpitsaa, parsakaalia ja paprikaa

पैन सीआरड सामन के साथ टेपेनाद सॉस रोस्टेड पम्पकनि , ब्रोकली और रेड पेप्पर्स

Pickled vegetable pulao with pan-seared cottage cheese simmered in Indian gravy and spices

Paistettua kotijuustoa intialaisessa kastikkeessa, riisiä ja pikkelöityjä vihanneksia

आचारी सब्ज़ पुलाव के साथ पनीर टकिका मसाला

And finally – dessert

Hope you still have room

Selection of cheese: Gruyère and blue cheese

Valikoima juustoja: Gruyère ja sinihomejuusto
वभिन्न प्रकार के

Choose one:

Mango cheesecake

Mangojuustokakkua

मैं गो चीज़के के

Mint chocolate mousse

Minttusuklaamoussea

मिंट चॉकलेट मूस



FINNAIR

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